

“After a lifetime of arthritis and muscle pain I was fortunate to meet Glaeshia. I have been receiving body work for 20 years plus and I can say in all honesty that Glaeshia has done more for me physically and emotionally than any other therapist I have worked with.”

Sam A. (Web Design & IT Consultant)



Glaeshia graduated from the University of Colorado at Boulder and enjoyed a brief career in Archaeology, the Federal Court of Appeals for the 4th Circuit and an overextended career in the financial planning world. After finally figuring out what she wanted to be when she grows up, she now joyously practices the art of massage therapy. Her goal is to help people to navigate out of their minds and to feel comfortable in their bodies with renewed appreciation for all that our bodies do for us.

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*Experience the ultimate
in relaxation
and stress reduction*

*Restore vitality
and become pain free*



*Something for everyone at the
Massage Center for Creative Healing*

Glaeshia O'Rourke, LMBT

NC lic. #1992

*3622 Randolph Rd.
Durham, NC 27705
(919) 489-4118*

Glaeshia brings to her practice 12 years of experience with training in the following techniques:

- Swedish massage
- Myofascial release
- Deep Tissue
- CranioSacral
- Ashiatsu (Oriental barefoot massage)
- Fascial Conduction

Specializing in Fascial Conduction



“Your fascial conduction work feels like someone is gracefully and respectfully pushing waves of tension out of my body.”

Kelsea Parker (business woman)

What is Fascial Conduction?

Fascial conduction provides a level of deep and profound relaxation which allows the body to shift out of painful, chronic habits and into new levels of vitality and mobility.

The fascia is the connective tissue of the body. Tapping into the fascial layer has the ability to affect every cell in the body. This beautiful interconnected web conducts both electrical and sensory impulses throughout the body.



“The fascial conduction work feels like an experience of unconditional empathy...”

Rich C. (Financial Consultant)



Benefits of Fascial Conduction

- ◆ Gently restructures and realigns the connective tissue
- ◆ Allows for greater ease and mobility
- ◆ Provides for a deep level of integration within the whole system and assists the body’s natural healing capabilities
- ◆ Enhances immune system functioning



“I want to thank you Glaeshia for all of the work you did for Robin today. It is unlike anything that Urgent Care, the emergency room, or the doctor visits were able to achieve.....

Henri G (Professor of Engineering,
Duke University)